

# **By Massimo Lucchesi Attacking Soccer A Tactical Analysis**

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**Coaching the 4-3-3** Massimo Lucchesi 2005 A detailed tactical overview and analysis of the popular 4-3-3 system of play. This book is your guide to implementing the 4-3-3, from selecting your players through coaching and teaching every phase of play. Main topics include tactical principles, attacking schemes, transition and counterattack, and build up and finishing. Also includes several game situation exercises to reinforce these concepts.

**Coaching the 3-4-3** Massimo Lucchesi 2000

*Attacking Soccer: A Tactical Analysis*

Transition & Counter Attacking Massimo Lucchesi 2004-03 Adjusting your game plan to counter the tactics and abilities of your opponent is crucial in todays ultra-competitive world of soccer. This book underlines the importance of defensive organisation to not only stop the opponent but to be able to be in a position to counterattack upon regaining possession and offers tactical solutions to counteract your opponents system of play. Systems covered include: 4-4-2; 4-3-3; 3-5-2; 3-4-1-2; 3-4-3. Also includes a discussion of the offsides rule and the pros and cons of using it as a tactical strategy.

The Soccer Goalkeeper Christian Puxel 2003-09 This book by French National Team Goalkeeper Coach Christian Puxel and French National Goalkeeping Coaches Academy Chairman Jean-Marie Lawniczak is an outstanding technical handbook for goalkeepers and coaches at every level. Included are discussions, drills and competitive games for developing all aspects of goalkeeper technique: Movements; Catching; Diving; Reducing Shooting Angles; Distribution.

Pep Guardiola Attacking Tactics - Tactical Analysis and Sessions from Manchester City's 4-3-3 Athanasios Terzis 2019-05-20 This book provides a tactical analysis of Pep Guardiola's 4-3-3 Attacking Tactics (56 Tactical Situations) which has been used to produce 12 Full Training Sessions (70 Practices and Variations). You can use these ready-made sessions to practice Pep Guardiola's attacking tactics and implement them into your training sessions.

Coaching 4-3-3 Tactics - 154 Tactical Solutions and Practices Massimo Lucchesi 2019-01-18 This book is a comprehensive resource for coaching the 4-3-3 formation at all levels. The level of detail will help you emulate how top coaches, such as Pep Guardiola, Maurizio Sarri and Jürgen Klopp use the 4-3-3 to great success. It will enable you to see all the solutions, in order to optimise your team's tactical awareness and performance.

**Jürgen Klopp Liverpool Attacking Tactics - Tactical Analysis and Sessions to Practice Klopp's 4-3-3** Michail Tsokaktsidis 2021-04-27 This book provides a tactical

analysis of Jürgen Klopp Liverpool's 4-3-3 Attacking Tactics (70 Tactical Examples) + 15 Training Sessions (72 Practices) for you the coach to learn from one of the best coaches in the world.

**The Art of Coaching Youth Soccer** Jason Carney 2003-02 Filled with valuable coaching tips and outstanding training exercises, this book lays the groundwork for successful team and player development. Topics include: Warm Up, Running Technique, Speed Training, Pre-Season Training, Shooting, Goalkeeping, The Thinking Player, Defending, Set Plays and Team Spirit. Also includes sample practice sessions.

Soccer Alessandro Zauli 2002 A comprehensive look at modern zone formations through the eyes of the author and ten high level professional Italian coaches. Arrigo Sacchi (Milan, Italian National Team), Marcello Lippi (Napoli, Inter, Juventus), Walter Novellino (Venezia, Napoli, Piacenza), Carlo Ancelotti (Parma, Juventus) and Renzo Ulivieri (Parma) are among the impressive list of contributors to this valuable coaching reference. Formations covered: 4:4:2 3:4:2:1 4:3:3 3:4:1:2 4:3:1:2 3:3:4 4:2:3:1 3:4:3

**Tactical Periodization - A Proven Successful Training Model** Juan Luis Delgado Bordonau Phd 2018-07-16 In this book, you'll learn how to use Tactical Periodization to train your players at the correct intensity for each day of the week, making sure they are always prepared tactically, mentally and physically for competitive matches. Your players (and team) will react quicker, be sharper, and make better decisions in all tactical situations.

**Coaching 3-5-2 Tactics - 125 Tactical Solutions & Practices** Renato Montagnolo 2020-02-07 This book is a comprehensive resource for coaching the 3-5-2 formation at all levels. The level of detail and tactical solutions included will help you emulate how top coaches, such as Antonio Conte (Inter) and Nuno Espírito Santo (Wolverhampton Wanderers), use the 3-5-2 to great success. This book goes into great detail to show the movement of all players within the 3-5-2 system of play in various tactical situations and against different formations, in the attacking and defensive phase. This will enable you to optimise your team's tactical awareness and performance. Tactical solutions are provided for all game situations, in relation to how to counteract the opponent's positioning, organisation and decision making. This book will teach you to coordinate and solve specific game situations in a flexible way with many different options and tactical solutions. As a coach, you can train these patterns of play repetitively, so that the players' reading of the game becomes automatic and the team is quickly able to recognise and find the best solutions to solve every conceivable tactical situation. This book includes: Tactical Strengths and Weaknesses of the 3-5-2 Formation 3-5-2 Tactics Against Different Formations (4-4-2, 4-2-3-1, 4-3-3, 4-3-1-2, 3-5-2 and 3-4-3) Overcoming the First Line of Pressing (Build-up Play from the Back) Moving the Ball in Between the Opposition's Midfield and Defensive Lines Playing in Behind the Opposition's Defensive Line Defensive Organisation and Pressing Organisation of the Defensive Line 41 Practices and Variations to Apply Tactical Solutions with the 3-5-2 Renato Montagnolo has a UEFA 'B' Coaching Licence and a Patentino Match Analyst Licence. He has been working as a First Team Assistant Manager and Match Analyst for the past few years in Serie C in Italy. With experience of writing books and articles, speaking and teaching, Renato is a respected football tactics expert.

Warm Up Drills for Soccer Chris James 2004-03 Provides drills for functional warm ups that can be adapted to prepare your players for the specific needs of the upcoming training session or match.

Fitness Training for Soccer Ken Sherry 2003-09 Fitness training is an essential component of soccer development. The stronger, faster, more agile and balanced players are, the more effective they will be in both training and game situations. The good news is you can improve fitness levels through proper training, and this book is the place to start. Full of small sided games and drills specifically designed to maximise fitness training for soccer.

*Defensive Drills & Tactics* Santiago Va'zquez Folgueira 2000-11 This excellent book is at once a defensive drill book & a detailed tactical discussion. Loaded with outstanding drills for both individual & group defense, the book provides countless ideas for practice sessions & game-like situations to prepare your defense to counter modern attacking schemes. The tactical side covers both man & zone philosophies & the advantages & disadvantages of specific systems.

24 Easy to Follow Practice Sessions for Players Ages 5 to 7 Peter Schreiner 2000-09 Complete practice plans for young players organized in a neat and easily understandable way. Skills covered include controlling, dribbling, passing, juggling, shooting, coordination and goalkeeping.

*Pep Guardiola - 85 Passing, Rondos, Possession Games & Technical Circuits Direct from Pep's Training Sessions* Soccertutor Com 2019-09-20 After the hugely popular Volume 1, Volume 2 gives you another rare opportunity into Pep Guardiola's Training Sessions with 85 Practices taken directly from Pep's training sessions including: Technical Circuits, Passing, Rondos, Positional and Possession Games, Small to Large Sided Games at Manchester City, Bayern Munich and FC Barcelona.

*Dutch Soccer Secrets* Peter Hyballa 2011-09-29 Learn how a nation of about 16 million inhabitants can regularly produce world-class players or coaches like Johan Cruyff, Arjen Robben or Dick Advocaat and Louis van Gaal.

*Marcelo Bielsa - Coaching Build Up Play Against High Pressing Teams* Athanasios Terzis 2017-06-30 The book includes Marcelo Bielsa's tactics (and playing philosophy) for building up play from the back against high pressing teams with a full analysis of his 4-2-3-1, 3-3-3-1 and 3-4-3 formations with extensive analysis of Marcelo Bielsa in 9 different tactical situations, supported with 9 full training sessions (35 practices).

Fc Barcelona - a Tactical Analysis Terzis Athanasios 2012-02 FC Barcelona: A Tactical Analysis - Defending A Team from Another Planet! A Tactical Blue-Print of Pep Guardiola's Barcelona Team This book is an exclusive and groundbreaking study of Pep Guardiola's Barcelona team. This information and analysis of one of the most successful club sides in history has been in high demand and it is finally here! The defensive part of Barcelona's game does not get enough attention, but is integral to their philosophy and all their superior style of play. The main elements of their tactics include pressure high up the pitch, winning the ball back quickly, maintaining a numerical advantage around the ball zone and pushing their opponents wide to limit their space. We can now see a full analysis of Barcelona's defensive tactics which have been so important to their success. The book shows Barca's 4-3-3 system of play, each player's responsibilities, positioning and movement within every possible phase of play. Terzis Athanasios is a Tactical Professor of Football and has compiled an extensive assessment of Barcelona's attacking play after over 1000 hours of studying all the games from the 2010-11 season. Guardiola's team has won 3 La Liga championships, 2 UEFA Champions Leagues, 4 Spanish Cups, 2 Super Cups, and 2 FIFA World Club World Cups. The book starts with the characteristics of the players and the philosophy of Barcelona and builds into a comprehensive overview of the defensive tactics employed with clear diagrams and detailed descriptions. Included: - Strategies used to counter specific formations (the 4-4-2, 4-2-3-1, 4-3-2-1, 5-3-2 and the 4-3-2-1). - Assessments of specific phases of play (central zone, near the side-lines and set plays). - Pressure, cover and support from front, middle and defensive zones - Preventing and limiting opposition space - Defending from set-pieces - Plus a lot more - SEE FULL BOOK CONTENTS BELOW This gives football coaches an unbelievable chance to learn how Barcelona play and adapt their tactics to combat any team they play. Their defensive work is so important to their success and allows them to be such a strong attacking force.

*Soccer Tactics* Massimo Lucchesi 2000-06 This book provides a comprehensive overview of the terms, principles & strategies of modern soccer & the roles of all players in both the defensive & offensive phases. In his discussion of offense, the author

addresses the role of the player with the ball & his various options as well as the players without the ball & their necessary supporting movements. Defensively, the role of the player defending the man in possession is analyzed as well as the organization of the defenders not marking the ball. The concepts of depth, penetration & encompassing movements on offense & forcing, covering & marking on defense are explained & clearly diagrammed. This is a valuable coaching reference for both new & experienced coaches. :

Beckham David Beckham 2000 Because of his success on the football field and his high-profile marriage to a Spice Girl, David Beckham has had much written about him. This however, is the first time he has revealed his own story. The text follows Beckham's life using photographs and his own words.

Gegenpressing - Counter Pressing Made Simple Marcus Dibernardo 2016-04-24 Gerard Houllier the former Liverpool, PSG and Lyon Manager said, "The important moment in the game today is when the ball is won or lost." Gegenpressing means to pressure the ball the instant possession is lost, with the intent of launching a quick counter attack when possession is regained. It is different then ordinary pressing where play is always directed into pre-determined pressing areas of the field. Gegenpressing is literally a swarm of intense high-energy players immediately trying to win the ball back after possession is lost, in most cases this is carried out high up the field. The idea behind this type of counter pressing is to force the opposition into hurried decisions and inaccurate passes, coupled with a heavy psychological pressure on the player in possession. This book provides insight into Jurgen Klopps Gegenpressing tactics along with training exercises that teach Gegenpressing.

*The Complete Guide to Coaching Soccer Systems and Tactics* Jacob Daniel 2004-03 This truly complete tactical coaching manual covers the Principles of Attack and Defense, Team Shape, Man-to-Man and Zonal Marking, Formations, Positions and Roles, Coaching Methods, Patterns of Play, Possession, Substitutions and more. Well written and full of clear and precise diagrams, this book is perfect for coaches at any level.

**Successful German Soccer Tactics** Timo Jankowski 2015-03-15 In order to achieve the result you're aiming for, you have to have a plan. In soccer, you need a match plan. Some of the most successful soccer coaches devise match plans for every one of their team's matches. A match plan describes a strategy that is used to be ideally prepared for the next match and be able to react to shifts in tactics or to particular match situations. This book aims to provide every soccer aficionado with a practical insight into the topics of match ideas, tactics, match systems and match plans using easy-to-understand language. On that basis, the author identifies advantages and disadvantages of various formations utilized by top teams and then uses match plans to analyze how those formations can be defeated in play.

**Pep Guardiola - 88 Attacking Combinations and Positional Patterns of Play Direct from Pep's Training Sessions** Soccertutor Com 2019-07-11 This book gives you a rare opportunity to use Pep Guardiola's Practices and learn from one of the best coaches in the history of football. The 88 Attacking Combinations and Attacking Positional Patterns of Play included are taken direct from Pep Guardiola's training sessions at Manchester City, Bayern Munich and FC Barcelona.

**24 Easy to Follow Practices Sessions for 8-11 Years Olds** Peter Schreiner 2000-07 Complete practice plans for young players organized in a neat and easily understandable way. Skills covered include controlling, dribbling, passing, juggling, shooting, coordination and goalkeeping.

Coaching Soccer Luca Prestigiacomo 2004-03-01 Match coaching is often overlooked in soccer coaching courses in favour of drills and training methods. This book tackles the tough task of preparing for, executing, and analysing the match.

**Coaching the 3-4-1-2 and 4-2-3-1** Massimo Lucchesi 2012-05 This book covers both the attack and defense phases in these popular modern zone formations. Lucchesi starts with a discussion of the characteristics of the players at each position and builds

into a comprehensive tactical overview complete with build-up options and attacking schemes in the attack and marking responsibilities and zonal movement in defense. Also includes schemes for countering specific formations.

**Soccer Made Easy** Shaun Green 2003-09 Soccer Made Easy has sought out the top professionals to contribute to this book. The content is designed to provide season practice sessions for players age 13 through 16 years. Using this book, coaches have their entire season prepared in advance, with the added comfort of knowing what they are teaching is age specific, fun and progressive. In addition to entire practice sessions, all the important skills in Passing, Ball Control, Shooting, Heading, Dribbling, Defending and Goalkeeping are explained and illustrated. Additional sections feature Methodology, Team Management, Custom Drills, Safety and Equipment, Laws of the Game and a Coach's Resource section. Book jacket.

*Playing the Modern 3-5-2 Soccer Formation* Marcus Dibernardo 2016-10-08 The 3-5-2 is a very dynamic and flexible system; it can be an ultra-attacking formation or solid defensive formation depending on how it is deployed. In attack the 3-5-2 is numerically strong in the midfield and comes with the benefit of two strikers. Creating width in the attack is never a problem with two wingers and strikers that could also run the channels. The formation is naturally set-up to encourage movement off the ball with the interchanging of positions when in possession; the interchanging of positions and movement off the ball allows different players the opportunity to fill different spaces, making the 3-5-2 more dynamic and difficult for the opponent to predict and deal with. In the modern game I personally find many advantages to playing the 3-5-2 formation, due to its fluid attacking potential and less focus on keeping numbers back. The defensive side of the 3-5-2 presents the formations biggest challenges, yet it can also be seen as a strength if the players understand how to form a back four or five in the correct situations. With only three defenders in the back, covering space in deep wide areas must be addressed and dealt with effectively. In order to offset the possible defensive weakness that come with three players not being able to cover the entire width of the field, the coach must choose player personnel and more importantly the formations tactics wisely. In this book I will cover multiple ways the 3-5-2 can be played to maximize its strengths, while turning the formations possible negatives into positives. When breaking down and analyzing any formation, it is important to note that the difference between formations is about 10 yards in player positioning. You can make an argument that most formations are similar and difficult to identify once the game has started. The transition from defending to attacking and attacking to defending creates totally new shapes from the original formation. The game of soccer is a free-flowing game but inside that flow there must be a structure which drives individual and team decisions. The coach is the one who will lay out the important tactical guidelines for the execution of the formation, so it is important to note that the same formation can be carried out in many different ways, depending on the coach. Tactics that will influence the way the formation played include things like setting a line of restraint, establishing a line of confrontation, identifying pressing zones, outlining counter-attacking areas, realizing when to press or drop-off, addressing the overall style of soccer to be played, player personnel, work load, location of the game, weather conditions, field conditions and much more. All these factors will directly influence the way a formation is played.

**Coaching Positional Play - 'Expansive Football' Attacking Tactics & Practices**  
Pasquale Casa Basile 2015-10-07

**Attacking Soccer** Massimo Lucchesi 2001-12 This book examines match strategies for creating goal scoring opportunities out of the following systems of play: 4-4-2, 4-3-3, 3-5-2, 4-3-1-2, 4-5-1. For each system, the author discusses the strategy, tactics, system and schemes of play as well as the technical, tactical and physical characteristics of the players who use the system. Several situational attacking schemes are also presented using clear diagrams and detailed descriptions.

*Diego Simeone Defending Tactics - Tactical Analysis and Sessions from Atlético Madrid's 4-4-2* Athanasios Terzis 2020-07-09 This book provides a full tactical analysis of Diego Simeone's 4-4-2 Defending Tactics (123 Tactical Situations) for you the coach to learn from one of the best defensive coaches in the world. Learn to how to Defend "from one of the best coaches in the world" with 47 Practices & Variations based on 123 Tactical Situations from Atlético Madrid's 4-4-2 Athanasios Terzis is a UEFA 'A' Licence Coach and has used this analysis of Atlético Madrid's tactics to produce 47 Practices and Variations. You can use these ready-made sessions to practice Diego Simeone's defending tactics and implement them into your training sessions. Tactical organisation is the key to Atlético Madrid's success during Diego Simeone's reign. He has built a winning culture of commitment, passion, aggressiveness and commitment, and a winning game plan based on excellent defensive organisation. They are extremely difficult to break down, even by the top attacking sides, like Barcelona, Real Madrid and Liverpool, and have consistently been one of the toughest teams to play against in the whole of Europe. Diego Simeone's Atlético Madrid have used these defending tactics to achieve great success when competing against teams with far greater resources. These are some examples of their incredible success against all odds: La Liga Winners (2014) UEFA Champions League Runners-up (2014 + 2016) UEFA Europa League Winners (2012 + 2014) UEFA Super Cup Winners (2012 + 2018) Copa Del Rey (2013) Fewest Goals Conceded in La Liga (2012-2013, 2013-2014, 2015-2016, 2016-2017, 2017-2018, 2018-2019) Most Clean Sheets in La Liga (2012-2013, 2013-2014, 2015-2016, 2016-2017, 2017-2018, 2018-2019) Tactical Analysis and Session/Practice Topic Examples: How the Centre Backs Defend the Forwards' Movements Rear Block's Positioning and Movements to Control Wide Areas Pressing High Up the Pitch (from the Goalkeeper) Positioning of the Forwards to Prepare for Counter Attacks Counter-Pressing After Losing Possession During Combination Play Practice Examples: Defensive Line Controlling Gaps Between Centre Backs and Full Backs Rear Block's Defensive Reactions After Wide Players Receive Controlling Wide Areas with the Rear Block in a Functional Practice Compact Midfield Line Blocking Through Passes in a Functional Game Negative Transition After Losing Possession in a Conditioned Game

#### **Del Bosque, Emery, Benitez & Luis Enrique - Practices and Training Sessions**

Soccertutor Com 2019-04-02 This book gives you a rare opportunity to use the very same training drills and sessions direct from: Vicente Del Bosque, Unai Emery, Rafael Benitez and Luis Enrique. The 50 Practices included were used by these 4 coaches during their time at Real Madrid, Arsenal, Paris St Germain, Napoli, Roma and FC Barcelona.

**Pressing** Massimo Lucchesi 2004-03 Massimo Lucchesi has compiled a comprehensive overview of one of the most widely used collective defensive tactics in modern soccer: PRESSING. Minimising the space and time available to an opponent in possession is the goal of the pressing game and if successful will undoubtedly lead to counterattack opportunities and more goals! This book will explain the tactical concepts of pressing and offer a number of exercises to work on the pressing game in both the attacking and defensive zones.

**Soccer's 4-4-2 System** Massimo Lucchesi 2004-03-01 This collaborative project, led by top Italian soccer coaching tactician and writer Massimo Lucchesi, offers a complete and insightful analysis of the world's most popular playing system. Every aspect of the 4-4-2 is covered, including the characteristics of the players, defensive tactics, attacking schemes, training exercises and adjustments to counter the opponent's system.

*Coaching Transition Play - Full Sessions from the Tactics of Simeone, Guardiola, Klopp, Mourinho & Ranieri* Michail Tsokaktsidis 2017-02-10 This book provides analysis of Simeone, Guardiola, Klopp, Mourinho and Ranieri's tactics. Michail Tsokaktsidis is a UEFA 'A' licence coach and has used this analysis to produce 23 full sessions (98 practices) including transition games, game situations and small

sided games.

**Mafia Movies** Dana Renga 2019-07-05 The mafia has always fascinated filmmakers and television producers. Al Capone, Salvatore Giuliano, Lucky Luciano, Ciro Di Marzio, Roberto Saviano, Don Vito and Michael Corleone, and Tony Soprano are some of the historical and fictional figures that contribute to the myth of the Italian and Italian-American mafias perpetuated onscreen. This collection looks at mafia movies and television over time and across cultures, from the early classics to the Godfather trilogy and contemporary Italian films and television series. The only comprehensive collection of its type, Mafia Movies treats over fifty films and TV shows created since 1906, while introducing Italian and Italian-American mafia history and culture. The second edition includes new original essays on essential films and TV shows that have emerged since the publication of the first edition, such as Boardwalk Empire and Mob Wives, as well as a new roundtable section on Italy's "other" mafias in film and television, written as a collaborative essay by more than ten scholars. The edition also introduces a new section called "Double Takes" that elaborates on some of the most popular mafia films and TV shows (e.g. The Godfather and The Sopranos) organized around themes such as adaptation, gender and politics, urban spaces, and performance and stardom.

*Soccer Strategies* Robyn Jones 1999-09 A collection defensive and offensive soccer strategies.