

Pictorial Atlas Acupuncture Illustrated Manual

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Extraordinary Vessels Kiiko Matsumoto 1986 The most detailed exposition of the vessels in the English language.

Acupuncture and the Chakra Energy System John R. Cross 2012-06-05 Acupuncture and the chakra energy system have both become increasingly mainstream in the West, but rarely have the two approaches been joined into one practice. Acupuncture and the Chakra Energy System: Treating the Cause of Disease does just that. By comparing the traditional approaches of Chinese medicine and modern Western acupuncture with the chakra energy system of Ayurvedic philosophy, author John Cross offers clinically proven strategies for treating the causes of conditions, not just the symptoms. The book describes the seven major and twenty-one minor chakras in detail and explains how each is related to the body's aura, meridians, Key points, endocrine glands, autonomic nervous system, and varying symptomatology. Focusing on how to use the chakras in the treatment of chronic physical and emotional conditions—osteoarthritis, rheumatoid arthritis, low back pain with sciatica, insomnia, hypertension, depression, menopausal symptoms, and frozen shoulder, among others—Cross's clear, in-depth explanations make his techniques easy for anyone to follow. Including appendices on how to use the chakras with copper and zinc needles and biomagnets, as well as which types of patients respond to such treatments, Acupuncture and the Chakra Energy System is a well-rounded guide for acupuncturists and other practitioners as well as interested students.

Pictorial Atlas of Acupuncture Yu-Lin Lian 2011 This acupuncture atlas not only provides beginners with an overview of the most important acupuncture points, but experienced practitioners can also learn about seldom used acupuncture points and also broaden their knowledge. Acupuncture in Latin means "sticking with the needle." Each of the 409 important acupuncture points is presented with an anatomical graphic, an overview of the meridian and a photo showing the needle placement. The combination of Chinese sources and the authors' therapeutic experiences provides a sensible balance between the most important indications and practical needs. The names, properties, and applications of the individual acupuncture points have been revised on this basis. This acupuncture atlas not only provides beginners with an overview of the most important acupuncture points, but experienced practitioners can also learn about seldom

used acupuncture points and thus extend their knowledge.

Acupuncture John O'Connor 1981 Authoritative work. Descriptions of more than 1,000 acupuncture points, discussion of techniques etc. 741 p. B/W illus.

Thai Acupressure Noam Tyroler 2014-01-20 Thai Acupressure is presenting 60 acupressure lines and points traditional formulas. It is Thailand's Physical therapy. It is practiced in special clinics in most of Thailand's Hospitals. It's the medical knowledge of Thai Massage. It's a very effective and simple method to treat the most common orthopedic disorders.

Essentials of Electroacupuncture 3rd Edition Jeung Ho Choi 2014-04-11 Essentials of Electroacupuncture, 3rd Edition adds new and valuable resources to the previous editions. It is a formal textbook, which provides complete and detailed instructions how to perform electroacupuncture for stroke, polyneuropathy, spinal disc disease, and other disorders. There are 6.8 million stroke survivors and 20 million polyneuropathy patients in the United States. When the paralysis and the pain are treated by electroacupuncture, wheelchairs, walkers and prescription drugs become unnecessary. The author is a board-certified internist, and he maintains a pain management acupuncture practice in Burbank, California. In this updated edition, Dr. Choi articulates the theoretical and technical basis of the practice, detailing its history and development, diagnostic principles, and techniques for safe and effective treatment. The new edition adds to explanations and prescriptions related to the extraordinary channels, the four types of body constitution, and pulse diagnosis. When the extraordinary channels and the diagnostic schemes are used, clinical remissions arrive earlier. The importance of the source of channel energy and its movement is stressed with new selections from the writings of legendary acupuncturists Pian Que and Hua Tuo. The result is a more comprehensive explanation of the practice and theory of acupuncture as a whole, and electroacupuncture specifically. A valuable guide and instruction book for practicing acupuncturists, students, and those interested in Chinese traditional medicine, Essentials of Electroacupuncture, 3rd Edition honors past masters of acupuncture while looking toward the future.

The Best of Master Tung's Acupuncture Robert Chu, Ph.d. 2015-12-14 Although Master Tung's Acupuncture has been in the public domain since his untimely passing in 1975, very little information is available publicly on how to use the system in a practical and systematic way in English. In this book, I hope to guide my fellow colleagues into the intricacies of applying Master Tung Acupuncture in the clinic. Since I am also a practicing acupuncturist and deal with pain, women's health, and internal medicine problems quite frequently, I am sharing my clinical experience in this book and the "secret" of creating the protocols that I use daily, with modification. I also attempt to explain why I choose a particular protocol and the modification to it. In this book, I introduce what I consider the "Best" of Master Tung's Acupuncture. There are many books on Master Tung's Acupuncture which introduce all of the 740 Tung family points. but often these books may be too much for the beginner and do not let the beginner grasp useful concepts or how to use Master Tung's Acupuncture immediately and effectively. Most acupuncturists simply add the Tung points to their already memorized TCM Acupuncture point prescriptions, and as a result, make a mess out of their acupuncture. They do not have a simple and elegant rationale for using the system. In my teaching of Master Tung's Acupuncture, I always choose points that are painless, easily accessible, and have powerful immediate results.

Pocket Atlas of Acupuncture and Trigger Points Hans-Ulrich Hecker 2017-12-13

This concise pocket-sized acupuncture guide is what professionals have been asking for! It is the first pocket atlas to cover all the major body and ear acupuncture points, including extensive coverage of the trigger points. Detailed descriptions of the localization, needling depth, indications, and functions of each point are provided. The different schools of ear acupuncture (e.g., Chinese vs. Nogier), often a source of confusion for practitioners, are presented side by side, usually in full-page illustrations, enhancing this book's usefulness as a daily reference guide. The presentation of three acupuncture therapy systems follows a clear didactic concept: All points are shown in text and image, and the localization of the points is aided by means of anatomic drawings and photographs. Coming from diverse specialties, the authors provide you with the most complete, useful, and accurate information available. Acupuncture points are described using the "visual-didactic processing system," which is rapidly gaining praise and recognition for its easy-to-use format. The clearly written text is augmented by high-quality color images. Hecker's Pocket Atlas of Acupuncture and Trigger Points is ideal as a quick reference in your daily practice or as an exam preparation guide. This wealth of information makes it invaluable to experienced practitioners and to novices alike.

Interactive Medical Acupuncture Anatomy Narda G. Robinson 2016-02-22 This presentation uses anatomically precise, computer-generated reconstructed images of the human body for three-dimensional presentation of acupuncture points and channels. The CD component is fully interactive and allows the user to see through tissue layers, remove tissue layers, and rotate structures so that specific acupuncture points can be v

E-Book - Atlas of Acupuncture Claudia Focks 2008-04-01 This excellently designed Atlas of Acupuncture is easy to access and provides clear information on the full range of acupuncture points and main channels in a systematic and clear way. Each of these points combine anatomical drawings and photographs of surface anatomy. This acupuncture atlas not only provides beginners with an overview of the most important acupuncture points, but experienced practitioners can also learn about seldom used acupuncture points and thus extend their knowledge. Clear information on the full range of acupuncture points and main channels in a systematic and clear way Each point combines anatomical drawings and photographs of surface anatomy Attractive two-colour design Highly illustrated

The Spark in the Machine Daniel Keown 2014-03-20 Why can salamanders grow new legs, and young children grow new finger tips, but adult humans can't regenerate? What is the electricity that flows through the human body? Is it the same thing that the Chinese call Qi? If so, what does Chinese medicine know, that western medicine ignores? Dan Keown's highly accessible, witty, and original book shows how western medicine validates the theories of Chinese medicine, and how Chinese medicine explains the mysteries of the body that western medicine largely ignores. He explains the generative force of embryology, how the hearts of two people in love (or in scientific terms `quantum entanglement') truly beat as one, how a cheating heart is also an ill heart (which is why men are twice as likely to die of a sudden heart attack with their mistress than with their wife), how neural crest cells determine our lifespan, and why Proust's madeleines evoked the memories they did. The book shows how the theories of western and Chinese medicine support each other, and

how the integrated theory enlarges our understanding of how bodies work on every level. Full of good stories and surprising details, Dan Keown's book is essential reading for anyone who has ever wanted to know how the body really works.

Applied Channel Theory in Chinese Medicine Ju-Yi Wang 2008 "Applied Channel Theory in Chinese Medicine" demonstrates how a deeper understanding of the interrelationship between organ and channel theory can lead to more precise diagnoses and better clinical results. The book is a collaboration between Wang Ju-Yi, one of modern China's most respected scholars, teachers, and practitioners of traditional Chinese medicine, and his American apprentice and practitioner, Jason Robertson. While most textbooks focus either on the functions of the organs in basic physiology or on the uses of the channels in treatment, this book shows the essential relationships between the two. Theory and practice are connected through a detailed discussion of a channel palpation methodology developed by Dr. Wang, which leads to more precise and effective point selection, location, and technique. Applied Channel Theory in Chinese Medicine was developed during Mr. Robertson's apprenticeship with Dr. Wang in Beijing, and is presented in a unique and highly readable format that preserves the intimacy of dialogue between apprentice and teacher, with questions and answers, narratives, and case studies.

Acupuncture Points on the Dog Gene C Bruno 2020-11-16 "Acupuncture Points on the Dog" is the first detailed descriptive and illustrated text for practitioners of canine acupuncture. The author was one of the acupuncturists who first introduced animal acupuncture into the United States in 1971.

The Seirin Pictorial Atlas of Acupuncture Yu-Lin Lian 2000 The SEIRIN pictorial atlas of acupuncture is a new kind of manual. It illustrates the whole range of acupuncture points and main channels, the extraordinary vessels Ren Mai and Du Mai, and the extraordinary points in a systematic and clear way. Each of the 409 important points is clarified through a series of three different illustrations: a graphic indicates location on the body; an overview of channels illustrates the point in the context of its pathway; a photograph shows the acupuncture needle in position. By combining Chinese sources with the authors' experience in therapy this book features a sensible balance between the most important indications and practical needs. The names, properties, and applications of the individual acupuncture points were then revised on this basis. The team of Chinese and German authors creates a bridge between Asian and western views of acupuncture. This acupuncture atlas not only provides beginners with an overview of the most important acupuncture points, but experienced practitioners can also learn about seldom used acupuncture points and this extend their knowledge"--Dust jacket.

□□□□ Chang-qing Guo 2008 A guide to learn the art of acupuncture point location. It provides a description of the acupuncture points along the channels and vessels as well as extra points. It also includes various needling and moxibustion techniques along with cross anatomical and illustrations. It also describes the meaning of the Chinese names of the points.

Pricking the Vessels Henry McCann 2014-02-21 The first text on bloodletting therapy for Western practitioners of Chinese medicine, this authoritative text explores the theory and function of bloodletting, and provides detailed instruction on its clinical use. Bloodletting therapy, which works to remove internal and external disruptions to the system through the withdrawal of small

quantities of blood, has numerous benefits, especially concerning the treatment of complex or chronic disease. Yet the technique is often met with alarm in the West and side-lined in favour of less controversial treatments such as fine-needle acupuncture, and moxibustion. This book provides a concise overview of its theory, historical and contemporary relevance, and clinical guidance. With detailed reference to the classic texts, the author clarifies the fundamental Chinese medical theory related to blood and the network vessels, and provides an in-depth discussion of the benefits of and practice guidelines for bloodletting. The book includes a chapter on the classical acupuncture techniques of Tung Ching Chang whose work is attracting increasing attention in the West. Through the exploration of classic texts and contemporary standards, the book provides everything needed to gain a comprehensive understanding of the technique and to encourage its use as a viable treatment option in the West. It will be an invaluable addition to the resources available for acupuncturists, as well as students and practitioners of Chinese medicine more generally, including those interested in all Chinese approaches to health.

Clinical Acupuncture Anton Jayasuriya 2002

Simplified Signs John D. Bonvillian 2020 "Simplified Signs presents a system of manual sign communication intended for special populations who have had limited success mastering spoken or full sign languages. It is the culmination of over twenty years of research and development by the authors. The Simplified Sign System has been developed and tested for ease of sign comprehension, memorization, and formation by limiting the complexity of the motor skills required to form each sign, and by ensuring that each sign visually resembles the meaning it conveys. Volume 1 outlines the research underpinning and informing the project, and places the Simplified Sign System in a wider context of sign usage, historically and by different populations. Volume 2 presents the lexicon of signs, totalling approximately 1000 signs, each with a clear illustration and a written description of how the sign is formed, as well as a memory aid that connects the sign visually to the meaning that it conveys. While the Simplified Sign System originally was developed to meet the needs of persons with intellectual disabilities, cerebral palsy, autism, or aphasia, it may also assist the communication needs of a wider audience - such as healthcare professionals, aid workers, military personnel, travellers or parents, and children who have not yet mastered spoken language. The system also has been shown to enhance learning for individuals studying a foreign language. Lucid and comprehensive, this work constitutes a valuable resource that will enhance the communicative interactions of many different people, and will be of great interest to researchers and educators alike."--Publisher's website

Tongue Diagnosis in Chinese Medicine Giovanni Maciocia 1995-01-01

Pocket Atlas of Acupuncture Carl-Hermann Hempen 2006 The PA of Acupuncture provides the reader with a brief overview of the history of acupuncture in China and Europe, it describes the underlying principles of Chinese medicine and how it differs from Western medicine, and it looks at the way Western medicine attempts to explain the effects achieved by acupuncture therapy. The main focus of this book is the presentation of the 361 classic acupuncture points giving details of their locations, the way they are classified, their actions and indications, as well as the needling techniques to be used. On the pages facing the descriptions, there are precise anatomical drawings showing the paths of the channels and the points located on them.

Auricular Acupuncture Diagnosis Marco Romoli 2009-10-20 Auricular Acupuncture Diagnosis

Acupuncture Paolo Jose De Luna 2015-09-16 Do you happen to always be experiencing a lot of aches and pains from different parts of your body? Still wonder on how to treat them? Back aches, and foot sores can't be good to one's health without having a proper medical checkup and visiting the doctor every day. It is essential for every one of us to maintain our health. A simple back ache, stomach ache or even a foot sore can lead to a multitude of ailments in the body. These simple back aches may lead to paralysis and even damaged nerve cells. These simple aches is typically caused by a lot of burdens you put your body almost on a daily basis. These burdens may include sitting in a chair all day, standing in one place for a long period of time and lifting heavy objects. Almost everyone is no exemption to these pains and may strike at almost anyone. These back aches and joint pains are typical in most adults around the mid 20's and elders who are over 70. These pains are even a much more rarer case on children. When you experience these sudden back pains, joint pains and muscle pains, it is important to have it checked to know what condition it is. And if it turns to be a severe condition, it is vital to get it treated immediately. Of course, not everyone has the luxury of getting proper medical care and treatment. So this comes to question, what is the alternative to get these pains treated? To put an answer to that question, one alternative way on getting rid of these back pains and joint pains is through acupuncture. What exactly is acupuncture? To find that out, read further on what acupuncture really is. In this eBook, you'll be learning on what is acupuncture, including its history, medical benefits and application. You will also be learning on how and when it is time to give yourself an acupuncture treatment yourself.

Ear Acupuncture Beate Strittmatter 2003 A novelty to the international market both in concept and realization, this pocket atlas allows the reader to both effectively learn and quickly reference ear acupuncture points. Clear, simple images accompany concise and "to-the-point" texts creating an educational tool for the localization of ear acupuncture points. The resourcefulness of the book is increased by the inclusion of the projection of the body meridians onto the auricle according to Bahr. Besides, "prescriptions" of point combinations according to some indications are included. The reader will profit from the extensive international teaching experience of Beate Strittmatter. Through her former teacher, Frank Bahr, who cooperated directly with Dr. Paul Nogier, she stands in the direct tradition of the founder of Western auriculotherapy.

Reference World Atlas 2021-04

Color Atlas of Acupuncture Hans-Ulrich Hecker 2011-01-01 A flexi textbook that contains information on all the major body and ear acupuncture points, as well as an extensive coverage of trigger points. The text is augmented by 126 illustrations pertaining to body acupuncture, 48 illustrations on ear acupuncture, and 114 illustrations on trigger points. The description of each point includes: exact location depth of needling indication function in TCM The different schools of ear acupuncture (e.g., Chinese vs. Nogier), often a source of confusion for many practitioners, are presented side-by-side. While the terminology of the points follows Chinese standards for acupuncture, the body parts are named following up-to-date anatomical nomenclature, and the description of trigger points also mentions the respective muscle and pain projection zones. Illustrations include color photographs and clear full-color

drawings.

On the Move! Michael Teitelbaum 2009-01-06 Rita, Dan, Max and Ted are on the move in Trucktown! Kids will have hands-on fun with a movable part on each spread! Swing Wrecker Rosie's wrecking ball, spin Monster Truck Max's wheel, dump gravel from Dump Truck Dan's bed, and move Tow Truck Ted's hook up and down as he saves a good friend!

A Manual of Acupuncture Peter Deadman 2008-05-19 A companion to A Manual of Acupuncture, there are 384 durable point reference and study cards covering all 391 of the 14 channel and extra (miscellaneous) points. Each card measures 4" x 6", and most are devoted to a single point. This second edition of the point cards offers a new terra cotta storage case, two-color cards, the addition of pinyin accents, and updated point locations and location notes to match the latest edition of A Manual of Acupuncture.

Running a Safe and Successful Acupuncture Clinic Hong Zhen Zhu 2006 This book informs the reader of the essential information for Running a Safe, Successful Acupuncture Clinic. Split into three sections cover Techniques and Safety (Risk Management), Ethics and Interpersonal Skills and Clinic Management, these three areas provide vital knowledge to any acupuncturist, regardless of whether a new practitioner or one already in practice with several years experience. Standing as an easy-to-use reference book as well as a comprehensive textbook this book is an essential read. - an excellent valuable addition for everyone associated with acupuncture and traditional chinese medicine - offers everything you need to know in an acupuncture clinic - chapters cover essential areas such as safety, risk, ethics and interpersonal skills and clinic management - written by a leading practitioner in the field with a considerable understanding of the particular needs and unique aspects of running an acupuncture clinic - aimed to be accessible to both the new and experienced practitioners

The Acupressure Atlas Bernard C. Kolster 2007-10-29 A fully illustrated and comprehensive reference guide to acupressure • Provides acupressure treatments tailored for a wide variety of health disorders, including back pain, heart and circulatory problems, and even the common cold • Contains step-by-step instructions illustrated in full color for self-treatment or treatment of a partner • A simultaneous hardcover and paperback release Trouble sleeping, sensitive stomach, headaches, joint problems, allergies: Sensory ailments such as these have been steadily increasing in Western countries for decades. Acupressure--massage along the body's meridians in accordance with traditional Chinese medicine--can effectively prevent and treat all of these disorders, and more. The Acupressure Atlas is a fully illustrated and comprehensive reference guide that demonstrates how acupressure techniques activate and accelerate the body's self-healing powers to alleviate many health problems, including even the common cold. Acupressure confers a holistic health benefit that prevents disorder from arising by harmonizing and balancing the body's energies. It is particularly suited to self-treatment, the treatment of a partner, and especially the treatment of children. Along with an introduction to the origins and principles of traditional Chinese medicine, The Acupressure Atlas provides the most important basic techniques as well as step-by-step instructions, illustrated in full color, of the practical and specific information needed to put the healing techniques of acupressure at your fingertips.

The Pictorial Atlas of Acupuncture Yu-Lin Lian 2009

Living Buildings Donald Insall 2008 Living Buildings celebrates the 50th Anniversary of Donald Insall Associates, the Practice founded by distinguished British architect Donald Insall, a leading exponent in the field of Architectural Conservation. Probably best known for the restoration of

The Big "Little" Gua Sha Book Leta Herman 2015-01-02 Gua Sha has been used all over the world for thousands of years to relieve aches and pains, reduce stress and tight muscles, and even to ward off the almighty common cold! This ancient technique of scraping or releasing tension and toxic energy through the surface of the skin, is simple yet effective! From the authors of The Energy of Love and Connecting Your Circle, comes The BIG "Little" Gua Sha Book. Leta & Jaye are dedicated to bringing the ancient arts of Chinese Medicine and healing, which includes Gua Sha, into the hands and minds of all that are interested. The BIG "Little" Gua Sha Book can change the way you look at healing... forever. Take healing into your own hands... literally with Gua Sha.

Dry Needling for Manual Therapists Giles Gyer 2016-01-21 Designed to be a go-to reference for assessment and treatment planning in the clinic, this is a clear and concise handbook for students and practitioners of dry needling, or medical acupuncture. It includes: · Comprehensive medical illustrations demonstrating trigger point locations and associated pain referral patterns · Easy-to-follow instructions and photographs demonstrating musculoskeletal dry needling points and electroacupuncture techniques · Dedicated section on the acupuncture treatment of tendinopathy · Vital information on palpation and correct needling techniques · Practical guidance on best practice, safety and treatment planning · Overviews of the history and key principles of Traditional Chinese medicine and acupuncture · Up-to-date research on the effect of acupuncture in the treatment of MSK conditions, myofascial pain, trigger points (MTrPS), fascia and pain. The book will be an essential aid for osteopaths, physiotherapists, sports rehabilitators, chiropractors, massage therapists, as well as traditional acupuncturists wishing to understand a Western approach on acupuncture. Other health professionals incorporating, or looking to incorporate dry needling into their treatment programme, will also find this book an invaluable resource.

Acupuncture in Pregnancy and Childbirth Zita West 2008-01 ACUPUNCTURE IN PREGNANCY AND CHILDBIRTH is a concise highly illustrated and practical guide to using acupuncture to treat women throughout their pregnancy and labour. Drawing on an unparalleled wealth of experience as a midwife and an acupuncturist, the author has produced a book accessible to both acupuncture students and practitioners covering physiology related to pregnancy and childbirth, illuminating links between Western knowledge and acupuncture approaches and suggesting points and point combinations for particular stages and actions during pregnancy and labour. Highly illustrated with summary boxes and guidelines Covers nutritional aspects of pregnancy Gives practical advice and instruction on the use of acupuncture through the four trimesters of pregnancy and labour Uses case examples to further illustrate the text Covers recent advances in relation to the effects of aspirin and heparin to the immune system and pregnancy Includes IVF pregnancies Glossary and appendix of useful addresses Fully updated and revised throughout to include recent research Nutrition and its effect on the foetus (new and developing area of research)

Pictorial Atlas of Acupuncture Yu-Lin Lian 2012 Presents a guide to 409 acupuncture points, showing needle placement and describing the names,

properties, and applications of each one.

Acupuncture Points Handbook Deborah Bleecker 2017-01-11 Point location book written in easy to understand terms, for the layperson.

Clinical Manual of Hijama Therapy Dr Feroz Osman-Latib 2019-02-18 Dr Latib has compiled a detailed atlas of the most effective and commonly used Hijama points from his more than 20 years of practice in the field of Hijama and Bloodletting. This manual is a necessity for any practitioner interested in practicing Hijama efficiently.

Traditional Chinese Medicine Diagnosis Study Guide Yi Qiao 2008-01-01 This book is organized around the 'four pillars' of TCM diagnosis: inspection, inquiry, listening and smelling, and palpation. In this text, each aspect is explained in a clear and systematic manner, with generous use of tables and illustrations. This is followed by a series of review questions for deeper understanding. A comprehensive self-examination consisting of 200 multiple choice questions, with a separate key to the answers, tests the reader's understanding of the important points of each aspect of diagnosis. These questions, many of which are presented in case study format, will help students prepare for the board exams.

The Acupuncture Point Functions Charts and Workbook Erica Siegel 2019-04-18 A straightforward learning resource, covering the different acupuncture points in the body and their functions. Perfect for visuals learners, it shows the primary meridians, extraordinary meridians and known extra points, in an easy to understand format with blank charts for students to make their own notes.

The Concise Book of Dry Needling John Sharkey 2017-03-28 A major development in the safe and effective treatment of myofascial trigger points and myofascial pain, this book is a concise, comprehensive, and well-illustrated reference on dry needling. John Sharkey—an international authority on myofascial trigger points, myofascial pain, myofascial trigger point dry needling, and neuromuscular therapy as well as an accredited clinical anatomist—draws on his thirty years of experience in bodywork and movement therapy to provide accurate and essential criteria for the identification and subsequent treatment of myofascial trigger points through the exclusive use of a fine, filiform needle. The ideal accompaniment to course notes and the perfect tableside reference guide, this book describes the origin, etiology, and pathophysiology of the myofascial trigger point as well as indications and contraindications for myofascial trigger point dry needling. Instructive illustrations support the text, along with standards and guidelines that ensure safe, effective, and appropriate application. Physical therapists including osteopaths, chiropractors, neuromuscular therapists, soft tissue therapists, physiotherapists, and sports massage therapists will find this guide indispensable. Because Sharkey explains why so many people have unresolved chronic pain and provides clear explanations of how pain is propagated, the book is also an invaluable source of information for patients with chronic pain and their care providers.